

## **Laser Hair Removal Consulting Physician Contract Instructions**

A (consulting physician) contract (CPC) between a laser hair removal (LHR) facility and a consulting physician (CP) is required in accordance with 25 Texas Administrative Code (TAC) 289.302(i)(13). The CPC shall be specific to each individual LHR facility and requires both a CP and designated physician (DP). A sample contract is available to provide aid in constructing the CPC at [www.dshs.texas.gov/radiation/laser-hair-removal/](http://www.dshs.texas.gov/radiation/laser-hair-removal/). This instruction sheet is to aid your facility in constructing the “Specific Protocols” of the CPC.

The CPC is specific to hair removal. Remove all references (photo facials, veins, skin rejuvenation, botox, fillers, etc.) to anything other than hair removal.

Remove all references of “alternate language” and “example” in the CPC.

Specific Protocols:

- A. *Which procedures require a particular level of LHR certification?* There are four LHR certifications levels. The CPC shall include which of the four LHR levels will be employed at the facility and specific procedures performed at each LHR level. The CPC must state all procedures are performed by an individual registered with Texas Department of State Health Services (DSHS) and authorized to perform hair removal.
- B. *Circumstances or conditions under which each procedure is performed.* The CPC must state a signed consent and client history will be obtained. The CPC must state the client history and procedure contraindications will be reviewed with the client. Include any additional information specific to your facility operations.
- C. *Instructions to be followed by individuals operating under supervision and who are giving direct supervision.* This information is dependent on the answer to A. Indicate each LHR level requiring supervision. Indicate each LHR level providing supervision. The CPC shall state the specific protocol contained in the CPC and operating, emergency and safety procedures shall be followed. The CPC shall state hair removal procedures will be performed in a clean environment and the CP will be contacted in case of an emergency. Example: If only an LHR professional will be employed at the facility the CPC shall indicate “only an LHR professional will perform LHR therefore does not require direct supervision, in accordance with 25 TAC 289.302. The LHR professional will perform all hair removal procedures in a clean environment, will follow the specific protocol agreed on by the facility and CP, will follow operating, emergency and safety procedures, and will contact the CP if an emergency occurs. Another example: Both an LHR professional and LHR apprentice will be employed at the facility. The CPC shall include the same information regarding the LHR professional, but then shall also state “an LHR apprentice requires direct supervision by the LHR professional and will perform all hair removal procedures in a clean environment, will follow the specific protocol agreed on by the facility and CP, will follow operating, emergency and safety procedures, and will contact the CP if an emergency occurs.” The CPC shall also state “the LHR professional will be physically present at the facility during hair removal procedures, available to give immediate assistance, and will provide direct supervision of hair removal procedures performed by an LHR apprentice.”

Over

- D. *Conditions under which emergency consultation is required.* The CPC must state the facility will consult with the CP if there are blistering or burns, infection, or allergic reaction. It is recommended to add “to include, but not limited to” which allows any other condition that might arise and require emergency consultation. Include any other emergency conditions specific to your facility.
- E. *Designated device settings to safely remove hair.* The CPC must state “the laser will be operated at designated settings, in accordance with manufacturer’s instructions.” The specific designated settings and/or settings information from the operator’s manual may be included.
- F. *A list of medications that shall be reported to CP before hair removal procedures or preclude hair removal procedures.* This one can be difficult, but the CPC should reflect both “reported before” and “preclude” (per our attorney). The CPC must state “all photosensitive medications” and may also include other medications. The CPC may include a list of specific medications. It is recommended to add “to include but not limited to” with this answer also.

The CPC must include the correct spelling of both the CP and the DP names. The physician’s licensure cannot be confirmed with the Texas Board of Medical Examiners if the physicians’ names are spelled incorrectly. This is a common problem with the CPC.